

JOGATHON STUDENT INSTRUCTIONS

All students participate by jogging for 20 minutes during their specials time.

Class winners compete in Jogathon Run-Off.

All students running a mile are in the Switlik Mile Club.

Jogathon 2022 Fall Schedule		
	Monday, November 7	Tuesday, November 8
8:40 - 9:30	Forgrave	Miller
	Calandra 4th HR (music)	Paskiewicz (music)
		Ban (media)
10:20 - 11:10	Collins	Knowlton
	Sauders (music)	Tracy (music)
		Dolqueist (media)
11:15 - 12:05	Garcia	Bryk
	Hendrix (music)	Woodbury (music)
		Robertson (media)
12:40 - 1:30	Nieda	Philips
	Strama (music)	Depastino (music)
		Vals (media)
1:35 - 2:25	Rodriguez	McDaniel
	Francisco (music)	Reininger (music)
		Dennington (media)
2:30 - 3:20	Gonzalez 5th HR	Thompson
	Jimenez (music)	Wert (music)
		Ozbun (media)

STUDENT PRIZES for RUNNING AND FUNDRAISING

- Class winners (2 girls and 2 boys) will receive a Jogathon shirt to wear at the Jogathon Run-off.
- Collect **\$5 or more** and receive a **Switlik Frisbee**.
- Collect **\$25 or more** and receive a **Switlik Class Signature T-shirt**
- Collect **\$100 or more** and receive a **Switlik Sweatshirt**
- **Run-Off Grade Level Winners (2 boys and 2 girls)** will receive a **Switlik Jogathon Medal and a pair of Running Shoes**.
- Collect the **most money at your grade level** to win a **pair of running shoes**.
- Class with **most laps** run will get their name on the **SWITLIK CHAMPS** banner in the cafeteria.

**** Students must wear sneakers to participate. ****

All fundraising money is due by Friday, December 16th

FUNDRAISING INSTRUCTIONS

1. Fill out the Sponsor Sheet completely, including student name and teacher.
2. Start signing up sponsors immediately! **Ask only people that you know.**
3. You will have 20 minutes to run. Most students run 16-20 laps. 16 laps = 1 mile
4. WAYS SPONSORS CAN PLEDGE:
 - a. PLEDGE A SET AMOUNT: Sponsor pledges a specific amount of money (\$10-\$25) for you to do a good job running. You collect the specific amount.
 - b. PLEDGE PER LAP: Sponsor pledges a certain amount per lap as an incentive to do their best. For example, sponsor pledges 1.00 per lap. Run 16 laps and collect \$16.00.
 - c. PAY WITH A CARD!!
 - i. Use RevTrak: keysschools.com/sse
 - ii. Click green \$\$ tab on right side
 - iii. Click Fundraising
 - iv. Create a new account on right side of page

